

BUCKWHEAT

BROADLEAF

Buckwheat is a warm-season annual broadleaf forb that is used to improve soil phosphorus availability, loosen surface soil, and attract beneficial insects. It can produce exceptional yields of nectar and pollen for bees and other pollinators, producing a strong flavored dark honey. It has exceptional seedling vigor, allowing it to outcompete almost all annual weeds.

PLANTING TIPS

- ◆ Plant the seed around 1 -2 inches deep
- ◆ Optimum planting dates are in early spring (April) or late summer (late July or early August) for blooming and seed production, but for cover crop purposes it can be planted anytime during the growing season.
- ◆ Optimum seeding rates range from 12 lbs per acre for general cover crop or pollinator attraction, up to 30 lbs per acre for weed suppression. It can be included in cover crop blends at 3 lbs per acre.

800-782-7311
www.gostarseed.com

BUCKWHEAT CHARACTERISTICS

Botanical Name	Fagopyrum esculentum
Typical Seeds / lb	18,000
Life Cycle	Annual
Environment	Full Sun
Planting Season	Spring, Fall
Flower Color	White
Seeding Rate	40-60 lbs/ acre



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